



Dakota Dispatch

Flag Mountain Sabbath

by Jacquie Biloff

Flag Mountain Camp in the beautiful Black Hills of South Dakota was the site of a multi-church Sabbath, September 10, 2011. The day was warm and sunny as 120 to 150 people gathered to worship. With Ben Hobbs leading and Will Hopkins playing the keyboard, the morning began with a rousing song service. Janet Nelson was the superintendent and Elder Neil Biloff taught an interactive Sabbath School lesson focusing on Christ's interaction with the woman at the well as it relates to worship. After a short break, church began. Zach and Debbie Darnall presented a duet followed by



Klinton Rittberger, dressed as Peter, for the children's story. The children were asked to guess who he was portraying as he acted out Bible stories.

Elder Maurice Valentine spoke about *Finding Your Place in God's Plan* using the example of good king Hezekiah.

Following the fellowship meal, Elder Valentine presented *Ministry Models for the New Millennium, a Journey in Discipleship* using volunteers from the audience to portray appropriate welcoming techniques to make church more inviting to newcomers.



Photos by Jacquie Biloff

Dakota Women's Retreat

by Jacquie Biloff

The twenty-third annual women's retreat was led by Women's Ministries Director Anne Wham and her daughter, Lisa Hickman. The theme of the retreat was *This is my Story, This is my Song*. Women from the Dakotas, Minnesota, Nebraska, Oklahoma, Texas, Missouri, Colorado and as far away as India gathered at the Doublewood Inn in Bismarck September 16 to register for the event.



The weekend featured mothers and daughters. Some families had three generations attending. One woman invited her future daughter-in-law. Music was provided by the *Three Generation Praise Team* of Jan Rickard,

her daughter Darla Anderson, and Darla's daughters Jenna and Jill from Summit, SD.

A round-robin series of three interactive breakout sessions were presented by Sandy Simanton of Sioux Falls, SD; Nancy Buxton of Lincoln, NE; Jen Erickson of Grand Forks, ND and Lisa Miller of Fessenden, ND.

This year's Women-to-Women project was for Bismarck's Food Bank to help single mothers in need. Many ladies brought non-perishable food items to donate. An offering was also taken. By the end of the weekend the attendees had supplemented the groceries with donations of over \$1000.00 in cash.



Photos by Karen Roe

Cooking in Hot Springs

by Marilyn Watson



Photo by Howard Pienaar

Marietjie Pienaar, of South Africa, recently presented a two-day series on healthy cooking in the Mueller Civic Center in Hot Springs, SD. Twenty one years ago she decided to completely change her method of food preparation when her first child was born with severe allergies and ADD. Her food presentation consists of food that is 80% raw, which is believed to have a much higher nutrient base than cooked food. She and her husband grow and eat fruits and vegetables from their own organic garden as much as possible. They use diluted sea water to enhance the soil. Studies show that this can boost the nutrient density of the food by as much as 600% over commercially grown foods. Pienaar later managed a wellness center and has many success stories from people with diabetes, high blood pressure, high cholesterol and arthritis. Pienaar presented an interactive, informative cooking demonstration; the audience was involved in preparing the food and allowed to taste the dishes at the end of the demonstration. Her presentation showed how nutrient-rich organic foods can have a profound effect on health. She presented new ideas on how to prepare healthful, delicious and chemical-additive free food at reasonable cost.

Friendships Renewed at Alumni

by Sharon Heinrich

Anticipation was in the air this past weekend as the campus began to fill with alumni, friends, former staff, parents and guests. From the east coast to the west coast, from north to south and Canada, alumni arrived to reunite with classmates and friends.

Excitement was high as the annual basketball game between the alumni and current students kicked off. Alumni enjoyed a half time show by the Acrolights. The game ended with a score of 48 to 33 in favor of the Alumni.



Photos by Sharon Heinrich

As I wandered the halls, stopped by to visit honor classes as they met, and chatted with alumni, I overheard many comments regarding the weekend. "Thank you for the warm welcome", "The campus looks great" and "This is one of the best alumni weekends I've attended", were just a few I overheard.



The halls are now quieter, the students back in classes. I can't help but think of another reunion we are all anticipating when Jesus returns and we are reunited with loved ones. The difference will be, never having to part again. What a reunion that will be!



Elder Lavern Opp (class of 1947) spoke to the current student body for assembly Friday morning, sharing his experiences as a teacher, pastor and youth leader.

The Pioneer Reception, hosted by the class of 1962, had over 70 attendees. Friday evening vespers was hosted by the class of 1992, Sabbath School by

the class of 1982, and the worship service by the class of 1972 with Dr Loren Seibold presenting the message. Sabbath afternoon was filled with music as alumni shared their talents, along with the current DAA students.

Eleven honor classes (1942, '47, '52, '57, '62, '72, '82, '87, '92, 2002, '07) were spotlighted Sabbath afternoon. The Sabbath hours were closed with evening vespers hosted by the class of 1987.

Rapid City School Horse Field Trip

by Debbie Darnall

Tamera Mitchell arranged for the Rapid City Adventist School students to enjoy a field trip September 16, 2011 to the Skull Construction estate. A caretaker of the estate talked to the students about horses and allowed them to ride on their four available horses. The students took turns and were able to ride twice. They learned how to take care of horses as well as how much they cost. They learned why some horses wear shoes and others don't. They got to see the effects of the cold on one of the horse's ears. His name was "Stubby" because the tips of his ears were frozen at birth. He looked like he had teddy bear ears.

After the rides, the caretaker invited the students into the main house to see a two-story room filled with stuffed and mounted animals from around the world. There were zebras, giraffes, elephants, bears, and many others. It looked like a museum. The students, however, thought the most fun was riding the horses.

Photos by Tamera Mitchell



Central Regional at Aberdeen

November 5, 2011

Calvary Baptist Church

515 8th Ave NW

Mad About Marriage

Oct 14th @ 7 pm & 15th @ 5:30 pm
Stern Cultural Center, Campus of NDSCS
800 6th Street N, Wahpeton, North Dakota

Register: www.wahpetonchurch.com



Mike & Gayle Tucker

If you have any news to share or would like to be added to the Dakota Dispatch mailing list, please email Jacquie Biloff at jbiloff@yahoo.com. Visit the conference website at www.dakotaadventist.org and befriend us on FB.