

Dakota Conference of Seventh-day Adventists

*Dakota Dispatch*

Sharing the unchanging love of Jesus in a changing world.



## Dr. Kelly's Health Nugget



Neuroplasticity is the wonderful property our brains have to re-wire themselves. Science has discovered the brain's re-wiring activity can be guided or directed to overcome a variety of developmental deficits, including-- ready for this?-- learning disabilities and even autistic traits. Specially-designed computer exercises (game-like) have been developed to improve learning disabilities, ADD/ADHD and even autistic symptoms. "Fast ForWord" is one such computer tool proven to work. It can even help folks without these conditions learn to think faster and better. Unfortunately there are unproven look-alikes on the market, so do your homework, but the real deal can change a life!

Dr. John Kelly of Black Hills Health & Education Center; iStock Photo

## Lehr Members Host Singspiration

Lehr Adventist Church enjoyed their first Community Singspiration February 22, 2017 in the Lehr Adventist Church. Miss Jody Schumacher spearheaded plans for this event, making a special trip home from Lincoln, NE for the occasion. There were vocal solos and duets, piano, trumpets, saxophone, guitar and mandolin numbers.

It was a beautiful program enjoyed by all attending. Fresh fruit and a drink were served as refreshments. Several requested that it be an annual event. Some were interested in participating in the future.

Article by Gerry Forbes; Photo by Pastor Bob Forbes II.



## Share Exchange Opened in Community

Two ladies from the Turtle Lake Adventist Church, Judy Boyko and Karen Boyko, have started a community service called *Share Exchange*. Judy Boyko said, "When I read, 'If your church closed tomorrow would your community miss it?' I thought about our church. I thought what can we do to be a help in our community so if our doors closed, which we hope will never happens, the community would miss us?"



They sought for a way to fill a need and be a blessing in their small community and were surprised to find a need for clothing. The public school was calling residents for help because children were coming to school with plastic bags over their shoes, as they owned no snow boots. The Turtle Lake Church decided to fill that niche.

The Lutheran Church in Turtle Lake opens two classrooms twice a month, the 2<sup>nd</sup> Thursday and 4<sup>th</sup> Saturday, to the Food Pantry but no one was providing clothing to those in need. The *Share Exchange* is open every other Thursday so those traveling in to the Food Pantry may also stop at *Share Exchange*.

The name *Dorcas* was considered, which the Adventist Church has used in years past, and which the Turtle Lake Church had operated for years, but it was decided that that name would not be understood today so Judy proposed the name *Share Exchange*. One decision that was made early on was that the clothing to be distributed would be of a quality that they themselves would wear. Literature is also available as well as personal hygiene packets, which include a toothbrush and paste and a washcloth and soap.



People in the community have embraced their efforts by dropping off clothing and shoes at the church for distribution. Members of the church have also provided clothing and help with setting up and taking down each week.

Article by Jacquie Biloff; Photos by Glen Boyko

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## Manfred Church Encourages More Steps

Erik Christensen made an announcement last Sabbath at the Manfred Church about each person keeping track of the number of steps taken during the day (with the help of a Fit Bit or like device) so those numbers could be turned in at church to encourage each other to keep active. The North American Division has a program called Adventists in Step for Life which has been going for a number of years. The person with the most steps in 2016 logged 2,390 miles. That is over 6.5 miles per day. Some have set a goal of 2017 miles in 2017. Those are ambitious numbers. Since it is March already, choose a goal that will work for you. Any movement is better than none. "Walking, leaping and praising God" (Acts 3:8) will make each of us healthier and happier even though limited physically. A happy attitude is a healthy attitude.



Article by Jacquie Biloff; iStock Photo

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## DAA Has the *Never-Give-Up* Attitude

Basketball Tournament at Union College this year brought us something better than a win on the court. Our school received an email upon our return; the following is a portion:



“Just wanted you to know how the DAA boys represented their school at the basketball tournament here in Lincoln this past weekend. Since I had such a positive and memorable teaching experience my last three years in the Dakota Conference, I watched the DAA teams at times to cheer them on. On the particular night that a Union College professor and I watched, the DAA boys were being "ambushed" with a final score of 70+something to 18, I think, the boys still had the "never-give-up" attitude throughout the whole game leading up to the final buzzer. They ran hard and fast, passed the ball constantly to teammates, attempted shots

that seemed like most went inside the rim only to have them spin out and fall outside. The other team's shots seemed to all go in. The UC faculty member and I felt sorry for the DAA boys, but were so impressed with their all-out effort throughout the whole game. It speaks well for their character, the coaching they are receiving, and how positively they represented the school. Please pass this on to the student body and faculty on how good the academy represents itself in large events like this.”

Life lessons come in all different ways, we are proud that our students are learning that in life you should “never-give-up.”

Thank you for your support and your prayers. We appreciate all you do for students and staff at DAA.

Article by Tracy Peterson; Photos from Union College

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## Upcoming DAA Dates

April 7-9	DAA Academy Days
May 6	Gymnastics Home Show
May 20	Spring Music Concert
May 20	Walla Walla, WA Chapter

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## North Dakota Regional Dates

- NW Regional to be held at the **Dickinson Adventist Church, 10730 Hwy 10**, Dickinson, ND, at the new church/school property March 25, 2017.
- NE Regional to be held at the **Jamestown Adventist Church** April 29, 2017.



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## March 9 Dispatch Photo


The above photo was taken in Bismarck, North Dakota by Martha Ban using an iPhone.


In 2017, I would like to feature a Dakota photo in each issue of Dispatch taken by readers like you. Please state the location where the picture was taken, what equipment was used and your name. Submit to [jbiloff@icloud.com](mailto:jbiloff@icloud.com). Thank you.

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Dispatch Mission: To build a climate of encouragement and blessing through the sharing of witnessing and evangelism activities. If you have news to share or would like to be added to the **Dakota Dispatch** mailing list, please email Jacquie Biloff at [jbiloff@icloud.com](mailto:jbiloff@icloud.com). Bison Copyright

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