

*Dakota Dispatch*  
Sharing the unchanging love of Jesus in a changing world.



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## Creating a Dementia-friendly Church, Part 6

Churches can provide a special role in providing support for people who have Alzheimer's and those who take care of them. Offering a welcoming, caring environment, or just words of encouragement, can go a long ways towards helping those affected by this disease. Below are three tips to give your church a good start to becoming dementia-friendly.



1. Look for ways to offer your support to families of people with dementia. Ideas include: provide a short (5 - 10 minute) worship service at their home if the person is unable to come to church; offer to sit with the loved one while the care giver takes a break; or ask if they need help on Sabbath mornings getting their loved one ready for church. Also, simply asking the family member about how they are doing and how their loved one is doing, and giving them time to share and express their feelings of loss, joy, frustration, etc., can go a long way. Send a card or note saying that you are thinking of them, and provide ongoing prayer support for the family, as well as the person with Alzheimer's.
2. Be patient and respectful. People with Alzheimer's may need more time and patience if they frequently repeat stories, forget names and faces, or if their behavior or appearance changes. Practice acceptance, compassion, and show love. If the person becomes disoriented or lost, stay calm and help unite him or her with their family or care giver.
3. Continue interaction. When engaging with a person with dementia, be sure to smile warmly, and speak slowly and clearly. Maintain a calm demeanor and make eye contact when talking or listening to them.

Additional information about creating a dementia-friendly church can be found at:

~ [www.actonalz.org/faith-communities](http://www.actonalz.org/faith-communities)

~ [www.mha.org.uk/files](http://www.mha.org.uk/files)



## Fall Festivities Provide Warmth



Fall comes with plummeting temperatures outside, but lots of warmth for all the festivities that mark the fall season.

Fall festivals are always a highlight! Dakota Adventist Academy hosted an evening of fun and games on October 27. There was an abundance of many different foods; Mongolian grill to homemade lefsa and funnel cakes. For those who were there for the festivities, entertainment abounded.

If one wasn't enough, DAA joined Hillcrest Elementary for their fall festival. It was a great evening with wonderful homemade food and a plethora of games. DAA hosted a fun little fishing booth. It was a great time to be had by all. We were excited to join in and support our elementary schools.

Happy Fall!

Article by Tracy Peterson; Photo by Chrystal Rittenbach

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## Red River Introduces Students

### Meet our newest student Daniel:

My name is Daniel. I'm 6 years old. My favorite food is pizza. My favorite animal is a Cheetah.

**Micah:** Hi, my name is Micah Anderson. I'm 15 years old. This is my first year at RRAS. My twin brother is Nathan Anderson and we go to school together. My favorite subject in school is Math and then Art. A few weeks ago we got to use a VR set and it was an awesome experience! My favorite thing on the VR was the Great Wall of China.

**Nathan:** My name is Nathan Anderson. I am 15 years old. This is my first year at RRAS. This year I met new classmates that are great. I was born in Ukraine. My teacher is very cool! This fall we helped build a new playground. It's big and fun to play on.

**Luke:** Starting this school year we have a new Spanish class. Our teacher, Mrs. Celina, is awesome and fun. She comes in every Friday to teach us new Spanish words and phrases. We study hard and get good grades. We also just got new computers in our classroom. They're awesome! We are learning how to code on Codemonkey and we use the computers for research too. Hasta Luego!

**Andrew:** Hello, my name is Andrew. This year we went to Grand Forks for a day. We played three games with Prairie Voyager School. The first game we played was a rock/paper/scissors hula challenge, and then kickball, and then fluffy dodgeball indoors because it got very cold. We tied playing dodgeball, it was a lot of fun.



Article by students at Red River School; Photo by teacher Nicholas Gennick

## Grand Forks Church Helps With Cleanup



Armed with rakes, leaf-blowers, and willing hearts, 19 volunteers from the Grand Forks, ND Seventh-day Adventist Church in Grand Forks, gathered to aid city residents with fall leaf cleanup. On Sunday morning, November 4, the volunteers met at the church with trucks, trailers, rakes, garbage cans, and bags, and then set out to help five elderly women and one physically disabled individual who were unable to do their own raking. Eighteen volunteers wielded rakes and one talented chef remained behind at the church to prepare lunch.

This annual outreach began as a service project of the Junior Sabbath School class five years ago, and last year it expanded into a Church-in-Action (CIA) event, including volunteers of all ages from the church. One Grand Forks resident has received raking assistance for all five years of the event.

Though the day started out chilly, the sun soon peeked out as the crews swiftly cleared the yards with enthusiasm and laughter. Residents were thankful for the assistance, and two ladies even gave tokens of their gratitude to the volunteers. One lady provided some delicious cookies, sharing how much she enjoyed baking. Another woman offered a large container of marigold seeds. She harvests the seeds every year from her own plants, which are descendants of a plant from Lake of the Woods, MN, 80 years ago.

When all the six yards were completed and the leaves hauled to city drop sites, volunteers returned to the church for a tasty and warming lunch of chili, cornbread and brownies. This event is one way the Grand Forks Church strives to be the "Church in Action," reaching out to the community in loving service as the hands and feet of Jesus.



Article by Mandy Panasuk; Photos by Mandy Panasuk and Ronelle Mathsen

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# Dakota Campmeeting 2019

June 12 - 15, 2019  
Constituency June 16, 2019

Dr Terry Johnsson  
Adventist Health



Dr John Reeve  
Andrews University



Dr David Thomas  
Walla Walla University



Ms Carol Turk  
Hospital Chaplain



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## Southwest Regional Held in Rapid City



The second South Dakota Regional was held in Rapid City the weekend of November 10, 2018, at the Rapid City Adventist Church. Members from Custer, Hermosa, Hot Springs, Spearfish and Rapid City joined together for the district meeting. Dakota Adventist Academy students participated in leading song service, furnished special music, offertory and the children's story for Sabbath school and church, and also provided an afternoon musical program.

The Central Regional was held in Aberdeen on October 20 at the First Baptist Church. It was a lovely facility and they graciously opened every room and classroom for our use as well as provided a kitchen/dining area at half the price the previous church had charged.

On the way home from that meeting the academy bus died while idling at a rest stop and would not restart. It was late, the students were hungry as supper was being held for them at the academy upon their return. The shuttling process had begun when Elder Biloff stopped to discuss the problems with the driver and school staff. He asked all to gather to pray for the bus to start. It didn't immediately, but within a few minutes it was

running and ran continually until the bus stopped at a stoplight in Bismarck. The bus again died. However, it restarted when the light turned green and delivered the grateful students and staff to a late and rewarmed meal.

Repairs were made before the longer trip to the Southwest Regional in Rapid City and the bus ran perfectly.



Article & photos by Jacquie Biloff

## Have a Grateful Thanksgiving!

"I am Thankful for.....

....the taxes I pay

....because it means I'm employed.

....the clothes that fit a little too snug

....because it means I have enough to eat.

....a lawn that needs mowing, windows that need cleaning and

....gutters that need fixing

....because it means I have a home.

....the spot I find at the far end of the parking lot

....because it means I am capable of walking.

....my heating bill

....because it means I am warm.

....all the complaining I hear about our government

....because it means we have freedom of speech.

....the lady behind me in church who sings off key.

....because it means that I can hear.

....the piles of laundry and ironing

....because it means my loved ones are nearby.

....the alarm that goes off in the early morning hours

....because it means that I'm alive.

....weariness and aching muscles at the end of the day

....because it means I have been productive."

Living a life of gratefulness is only possible with God's help, but what an amazing way to view life!

Sign up for The Open Word daily devotion by Pastor Michael Temple here: <https://openwordjourney.com>



# NOVEMBER

	<u>Ct</u>	<u>Wt</u>	<u>Retail Case</u>	<u>Retail Single</u>	<u>Special Case</u>	<u>Special Single</u>
<b>CANNED:</b>						
H Vegeburger	6	19 oz	\$31.69	\$5.84	\$29.44	\$5.51
CL Chops	6	19 oz	31.41	5.84	\$29.46	\$5.51
LL Big Franks	12	20 oz	71.73	6.58	\$66.08	\$6.36
LL Chili	12	20 oz	51.23	4.70	\$46.38	\$4.38
LL Choplets	12	20 oz	71.73	6.58	\$66.08	\$6.36
LL Linketts	12	20 oz	71.73	6.58	\$68.08	\$6.36
LL Little Links	12	19 oz	71.73	6.58	\$66.88	\$6.36
LL Redi Burger	12	19 oz	71.73	6.58	\$66.88	\$6.36
LL Tender Bits	12	19 oz	71.73	6.58	\$66.88	\$6.36
LL Vegetable Steaks	12	20 oz	71.73	6.58	\$66.63	\$6.36
<b>Frozen:</b>						
Dinner Roast	6	2 lb	87.19	16.06	\$81.19	\$14.99
Chicketts	12	1 lb	87.09	8.02	\$82.09	\$7.75
Steaklet	8	10 oz	32.06	4.43	\$29.56	\$4.28
Chicken Roll	4	4 lb	108.61	30.01	\$101.61	\$28.60
Corned Beef Roll	4	4 lb	108.61	30.01	\$101.61	\$28.60
Ham Roll	4	4 lb	108.61	30.01	\$101.61	\$28.60
Salami Roll	4	4 lb	108.61	30.01	\$101.61	\$28.60

# Smoked Turkey Roll

4

4 lb

108.61 30.01

\$101.61

\$28.60

sale dates: November 1-30, 2018 - quantities may be limited

ABC hours in Bismarck, ND:

- Tuesday, 3:00pm - 5:30pm
- Wednesday, 3:00pm - 5:30pm
- Thursday, 3:00pm - 5:30pm
- Closed Sunday

## November 15 Dispatch Photo



Photo taken by Paulette Bullinger.

Dispatch Mission: To build a climate of encouragement and blessing through the sharing of witnessing and evangelism activities. If you have news to share or would like to be added to the **Dakota Dispatch** mailing list, please email Jacquie Biloff at [jbiloff@icloud.com](mailto:jbiloff@icloud.com). Bison Copyright



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